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5th Neuromodulation School for Movement Disorders

Complication Avoidance and Management

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Conflicts of Interest

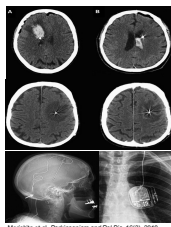
- Speaker Fees and/or Ad Board and/or Honoraria and/or support in kind – Abbott, Boston, Medtronic
- Consulting – Aspen, Bluerock, Novonordisk

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DBS - Complications

- Hardware Related
- Surgical Complications
 - Intra-operative
 - Post-operative
- Stimulation Related
 - On Target
 - Off Target

Muralista et al. *Parkinsonism and Rel Dis.* 16(3), 2010



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DBS Complications – Modern Era

Estimating the Risk of Deep Brain Stimulation in the Modern Era: 2008 to 2020

Reframing the Risks of Deep Brain Stimulation: A Comparison of 2.8 Million Elective Surgeries From the NSQIP Database

BACKGROUND: Deep brain stimulation (DBS) was first approved by the United States Food and Drug Administration in 1997. Although the fundamentals of DBS remain the same, hardware, software, and strategies have evolved significantly.

OBJECTIVE: To test our hypothesis that the aggregate complication rate in the medical literature in the past 12 years would be lower than what is often cited based on early experience with DBS surgery.

METHODS: PubMed, PsycINFO, and EMBASE were searched for studies from 2008 to 2020 that included patients treated with DBS from 2007 to 2019. This yielded 34 articles that evaluated all complications of DBS surgery, totaling 2245 patients.

RESULTS: The overall complication rate in this study was 9.4% per patient. There was found to be a systemic complication rate of 0.88%, intra-cranial complication rate of 2.7%, neurological complication rate of 4.6%, hardware complication rate of 2.2%, and surgical site complication rate of 3.6%. The infection and erosion rate was 1.0%.

CONCLUSION: This review suggests that surgical complication rates have decreased over the first decade after DBS was first FDA approved. Understanding how to minimize complications from the inception of a technique should receive more attention.

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Reduced Risk of Reoperations With Modern Deep Brain Stimulator Systems: Big Data Analysis From a United States Claims Database

Background: Deep brain stimulation (DBS) is a minimally invasive surgical approach for the treatment of Parkinson's disease (PD) and essential tremor (ET). The use of modern DBS systems has increased significantly over the past decade, and it is unclear whether these systems are associated with a reduced risk of reoperations.

Methods: We performed a retrospective analysis of 10,000 DBS procedures performed between 2010 and 2019 using data from a United States claims database. We compared the risk of reoperations between patients who received modern DBS systems (n = 5,000) and those who received older systems (n = 5,000).

Results: Patients who received modern DBS systems had a significantly lower risk of reoperations compared to those who received older systems (p < 0.001).

Conclusion: The use of modern DBS systems is associated with a reduced risk of reoperations. This finding suggests that modern DBS systems may be a safer option for patients with PD and ET.

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Multidisciplinary Team for Neurosurgical Interventions

- High volume centers with multi-D teams have:
 - Better outcomes
 - avoid the “tyranny of partial benefit”
 - Less treatment failures and reduced short term and long term complications

Outcomes in HVCs in comparison to LVHCs

	OR	95% Confidence Interval	p
Unfavorable discharge	0.42	0.30 - 0.59	<0.0001
Prolonged LOS (in days, percentile)	0.75	0.68 - 0.80	0.000
High-cost hospital charges (in \$, percentile)	0.57	0.48 - 0.68	<0.0001
Visual complications	0.26	0.12 - 0.52	<0.0001
Cardiac complications	0.18	0.08 - 0.41	<0.0001
Neurological complications including those requiring intensive care unit admission	0.16	0.07 - 0.36	<0.0001
Visual reoperation	1.06	0.81 - 1.40	0.112

Predictors of unfavorable outcomes following deep brain stimulation for movement disorders and the effect of hospital case volume on outcomes: an analysis of 33,642 patients across 254 US hospitals using the National Neurosurgery Inpatient Sample from 2002 to 2013

Philip Kinnick, MD¹; Charles Hirsch, MD²; Patricia Brink, MD³; Thomas Brink, MD⁴; James Brink, MD⁵; and Karl Brink, MD⁶

Neurosurgery Focus 38 (6):24, 2015

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The JAMA Network

From: Management of Referred Deep Brain Stimulation Failures: A Retrospective Analysis From 2 Movement Disorders Centers

Arch Neurol. 2005;62(8):1250-1255. doi:10.1001/archneur.62.8.noc04025

Figure Legend:

Examples of preventable “deep brain stimulation failures” (n = events) in this study. Improvements in triage, screening, operative procedure, and follow-up programming and medication changes may have eliminated the issues identified in the 41 patients in this study.

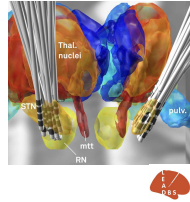
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Date of download: 6/18/2016

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Successful DBS requires a Multidisciplinary Team

- Patient
- Neurologist
- Neuropsychologist
- Neuropsychiatrist
- Neurophysiologist
- Nursing Team and Allied Health Team (e.g. PT/OT/Speech/Swallow)
- Nutrition
- Anesthesia
- Neurosurgeon



DBS: THE SURGICAL PROCEDURE



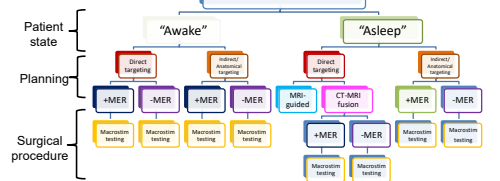
- Local anesthesia +/- sedation vs. GA
- Stereotactic frame vs. "frameless"
- Target planning
- Microelectrode mapping +/- macrostimulation
- DBS electrode insertion
- IPG insertion
- IPG programming and medication adjustments

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Types of DBS surgery



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Electrode Implantation: Frame vs. "Frameless"

"Frameless" Navigation

- Planning software for disposable "mini-frame" platforms
 - NexFrame (Medtronic)
 - StarFix (FHC)
 - Clearpoint (MRI Interventions)
- Robotic solutions
 - Rosa
 - Renishaw

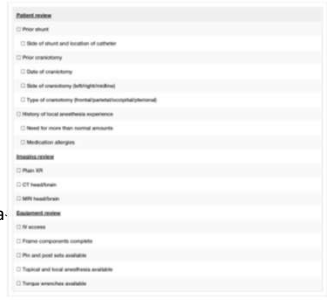


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Frame Placement

- For frame based approach use meticulous placement techniques
- For "frameless" platforms similar considerations apply and include intra-op robotic verification step

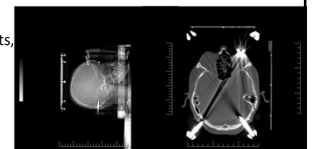
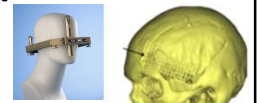


Stefano M. Basso, J. McDermott M.D. (March 25, 2016) Techniques for the Application of Stereotactic Head Frames Based on a 25-Year Experience - Current 9(3) e443. DOI: 10.7789/cur.9.3.443

Frame Placement

Potential complications:

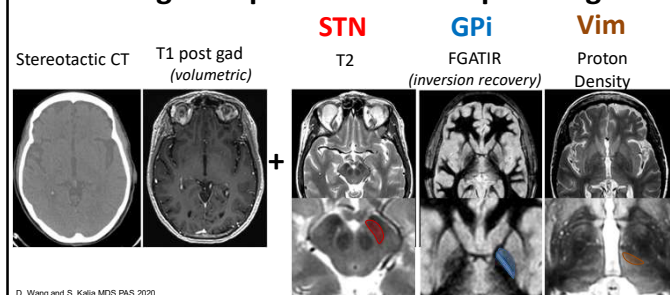
- Pin site infection
- Skull fracture
- Damage to shunt systems, previous DBS implants, cranioplasty mesh or cranial defects due to previous surgery and/or trauma



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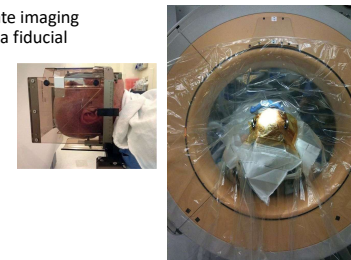
Images sequences for DBS planning



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Stereotactic Frame Scan

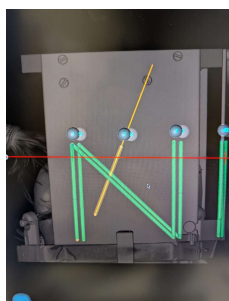
- Varies from center to center
- Need to develop a highly accurate imaging protocol with the frame on and a fiducial localizer
 - 1.5T MRI with frame
 - CT with frame
 - Intraop CT with frame



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Stereotactic Frame Scan

- Varies from center to center
 - Need to develop a highly accurate imaging protocol with the frame on and a fiducial localizer
 - 1.5T MRI with frame
 - CT with frame
 - Intraop CT with frame
- *need to develop an appropriate and manageable flow for given patients at your institution*
- *need to have tight quality control and understand potential inaccuracies that may be unique to your own site*



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Patient Positioning

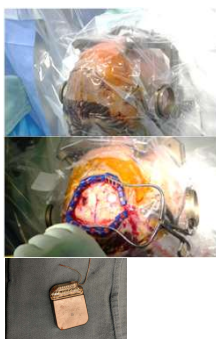
- Potential complications:
 - Aspiration
 - Airway issues - *entire team should be familiar with frame removal
 - Compression neuropathies
 - Air embolism
 - Brain Shift



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Operative Techniques

- Meticulous surgical technique and attention to detail at every step
- Potential intra-operative complications or delayed complications due to poor surgical technique:
 - bleeding
 - seizure
 - lead misplacement
 - acute lead migration
 - Infection
 - hardware damage with insertion or IPG revision



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Pulsed Radiofrequency Energy Device (PEAK)

- IPG revisions – due to depletion or other (DBS, SCS, VNS, PNS)
- Electrode revision or resite surgery requiring preservation of leads



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Hardware Erosion and Infection

- common sites of erosion: burr hole cap, extension wires/connector, edges of IPG
- may be acute or delayed
- can be caused by pressure (thin skin, sleep position, CPAP machine) or by patient picking at incisions
- often needs to be revised, re-sited and/or explanted

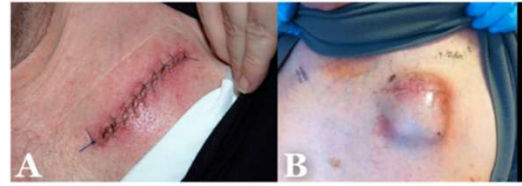


Fig. 4 This picture was sent by a patient via email showing what he thought was "a staple" remaining in his head. In fact, it was a portion of the exposed lead approaching the connector

From: Wang, J. *Journal of Neurosurgery* 2015;122:104-110

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Hardware Erosion and Infection

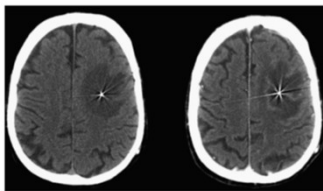


Surgical Site Infections after Deep Brain Stimulation Surgery: Frequency, Characteristics and Management in a 10-Year Period

Wu, M. et al. *Journal of Neurosurgery* 2015;122:104-110

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Hardware Erosion and Infection



T. Merikitis et al. *Journal of Neurosurgery* 2015;122:104-110



Surgical Site Infections after Deep Brain Stimulation Surgery: Frequency, Characteristics and Management in a 10-Year Period

Wu, M. et al. *Journal of Neurosurgery* 2015;122:104-110

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Hardware Erosion and Infection

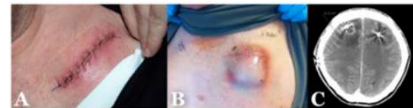


Figure 1. Examples on the different types of infection. A: Superficial incisional SS. B: Deep incisional SS. C: Organ/space SS. SS = surgical site infection.

Wu, M. et al. *Journal of Neurosurgery* 2015;122:104-110

- may be acute or delayed (approximate 10 year risk is 5-10%)

- risk factors largely from case series that vary from study to study and include: age, DM, smoking, immunosuppression, length of procedure, etc

Surgical Site Infections after Deep Brain Stimulation Surgery: Frequency, Characteristics and Management in a 10-Year Period

Wu, M. et al. *Journal of Neurosurgery* 2015;122:104-110

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Hardware Erosion and Infection

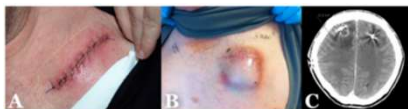


Figure 1. Examples on the different types of infection. A: Superficial incisional SS. B: Deep incisional SS. C: Organ/space SS. SS = surgical site infection.

Wu, M. et al. *Journal of Neurosurgery* 2015;122:104-110

- superficial incisional infection may be managed with antibiotic trial
- deeper incisional space infections may be managed with partial removal plus antibiotic trial
- intracranial infection usually warrants removal of hardware

Surgical Site Infections after Deep Brain Stimulation Surgery: Frequency, Characteristics and Management in a 10-Year Period

Wu, M. et al. *Journal of Neurosurgery* 2015;122:104-110

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Hardware Erosion and Infection

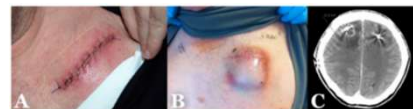


Figure 1. Examples on the different types of infection. A: Superficial incisional SS. B: Deep incisional SS. C: Organ/space SS. SS = surgical site infection.

Wu, M. et al. *Journal of Neurosurgery* 2015;122:104-110

- most common species in case series reviews
S. aureus, coagulase-negative staph (S. epidermidis and S. capitis)
P. acnes
- C-Reactive Protein (CRP) is not commonly elevated - likely not useful to rule out indolent infection
- lifelong suppressive therapy can be considered

Surgical Site Infections after Deep Brain Stimulation Surgery: Frequency, Characteristics and Management in a 10-Year Period

Wu, M. et al. *Journal of Neurosurgery* 2015;122:104-110

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Hardware Erosion and Infection

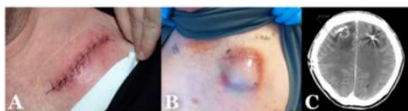


Figure 1. Examples on the different types of infections. A) Superficial incisional SS. B) Deep incisional SS. C) Organism SS. D) Organism SS - surgical site infection.

- case by case team based consideration with ID consultation and close follow-up
- trial of antibiotic only (short course vs. long course vs. suppressive therapy)
 - partial removal plus trial of antibiotic
 - definitive explantation plus antibiotic

-antibiotic selection, and duration vary widely center to center

-antibiotic therapy alone has approximately 50% success rate

Surgical Site Infections after Deep Brain Stimulation: Surgery Frequency, Characteristics and Management in a 10-Year Period

Shi B, et al. J Neurosurg. 2015;123(1):100-107.

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Edema and fluid collections

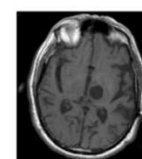
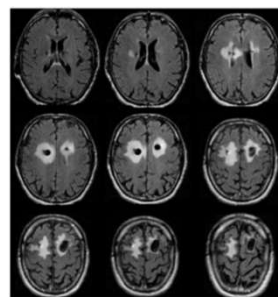


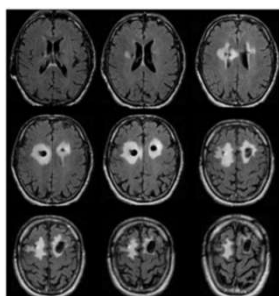
Figure 2. MRI images of a patient following DBS implantation. Four months postoperatively, MRI T2 and FLAIR images showed a large cystic cavity around the deep brain stimulation leads with large non-enhancing cystic cavities extending from the subcallosal region to the deep white matter near the lateral ventricles.

Deep brain stimulation complicated by bilateral large cystic cavitation around the leads in a patient with Parkinson's disease

Joseph J, et al. J Neurosurg. 2015;123(1):100-107.

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Edema and fluid collections



DIFFERENTIAL DIAGNOSIS

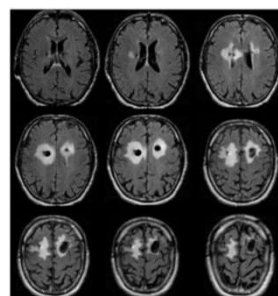
- Microhaemorrhage
- Allergic reaction or hypersensitivity
- Infection
- Venous infarct
- Luxury perfusion from breakdown of the blood-brain barrier
- Microparticulate contamination
- Cerebrospinal fluid migration along the length of the electrode

Deep brain stimulation complicated by bilateral large cystic cavitation around the leads in a patient with Parkinson's disease

Joseph J, et al. J Neurosurg. 2015;123(1):100-107.

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Edema and fluid collections



- exuberant edema +/- collections can also occur around electrodes

- may be asymptomatic or significantly symptomatic

- clinical and radiographic correlation needed to be comfortable that the process is unlikely infectious

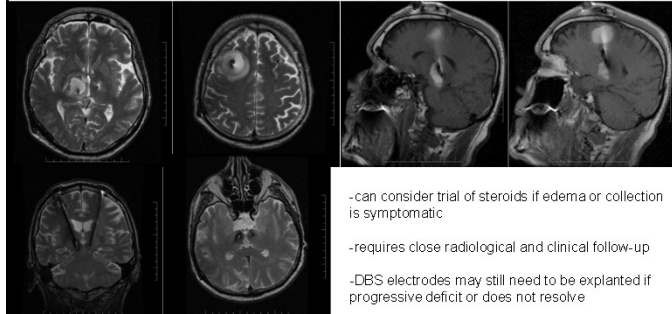
- hypersensitivity and allergy workup is a consideration

Deep brain stimulation complicated by bilateral large cystic cavitation around the leads in a patient with Parkinson's disease

Joseph J, et al. J Neurosurg. 2015;123(1):100-107.

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Edema and fluid collections



-can consider trial of steroids if edema or collection is symptomatic

-requires close radiological and clinical follow-up

-DBS electrodes may still need to be explanted if progressive deficit or does not resolve

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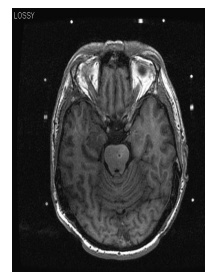
Mistarget or Migration

- may be acute or delayed

- presents as inability to adequately program therapy or loss of ability to do so

- change in off-target side effects or loss of efficacy

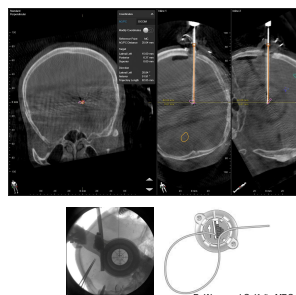
- can be diagnosed on routine imaging (CT and/or MRI)



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Lead Placement Verification: Imaging

- Final Lead localization
 - Fluoroscopy
 - **Intraoperative CT**
 - Intraoperative MRI
- Lead is secured at the burr hole according to manufacturer instructions
- **TIP**
 - Use fluoroscopy during anchoring process to ensure no lead pull-out

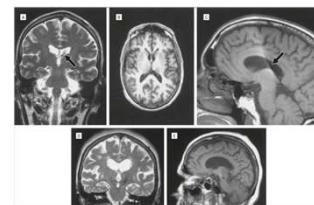


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Mistarget or Migration

Mistarget/Misplaced leads – 2%

- depending on extent of deviation can consider programming for benefit first
- if no benefit or significant off target side effects the mistargeted leads should be revised
- usually due to deviation secondary to operative technique or due to brain shift which should be minimized during surgery



Okun M. Arch Neurol. 2005;62(8):1250-1252.
doi:10.1001/archneur.62.8.noc40425

Mistarget or Migration

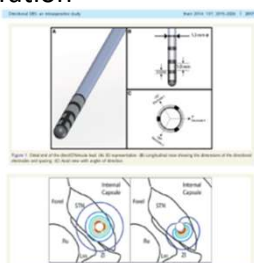
Mistarget/Misplaced leads – 2%

- directional stimulation may allow for optimal programming despite suboptimal lead placement

*Directionality is not an insurance policy or alternative to ideal contact position

Options to optimize – MER, awake testing, imaging (fluoroscopy or CT lead placement confirmation or image assisted lead placement by MR guidance).

Directional deep brain stimulation: an intraoperative double-blind pilot study



Mistarget or Migration

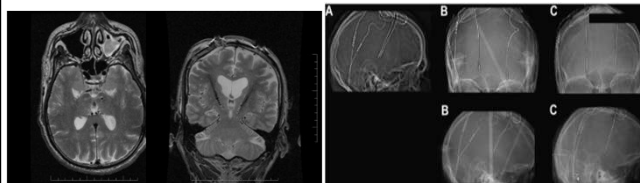


FIG. 2. Vertical heat fluxes (W/m²) by wind + cap, σ , σ + cap, σ + cap + ice, and ice + cap at various points along the upper right-hand half of the ice floe. The ice floe is 100 m long and 100 m wide. The ice floe is divided into four regions: (1) wind + cap, (2) σ + cap, (3) σ + cap + ice, and (4) ice + cap. The ice floe is divided into four regions: (1) wind + cap, (2) σ + cap, (3) σ + cap + ice, and (4) ice + cap. The ice floe is divided into four regions: (1) wind + cap, (2) σ + cap, (3) σ + cap + ice, and (4) ice + cap.

Migration of leads – 5%

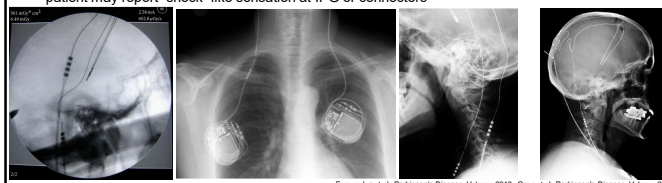
Acute - usually at time of tunnelling

Chronic - variety of causes including trauma, scar tissue tethering, brain atrophy and ventriculomegaly

Hardware Problems – leads and connectors

May present in a variety of ways

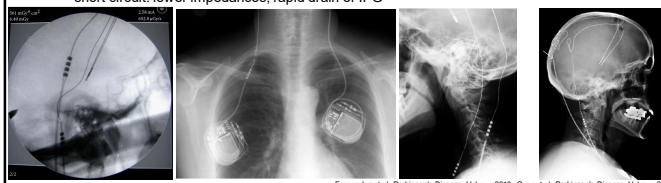
- loss of stimulation benefit (may be sudden or slow)
- intermittent or unpredictable clinical benefit
- intermittent on or off target side effects (e.g. flashing lights, double vision, paresthesia, contractions)
- rapid IPG depletion
- patient may report "shock" like sensation at IPG or connectors

Fernandez et al. *Parkinson's Disease* Volume 2010 | Garg et al. *Parkinson's Disease* Volume 20

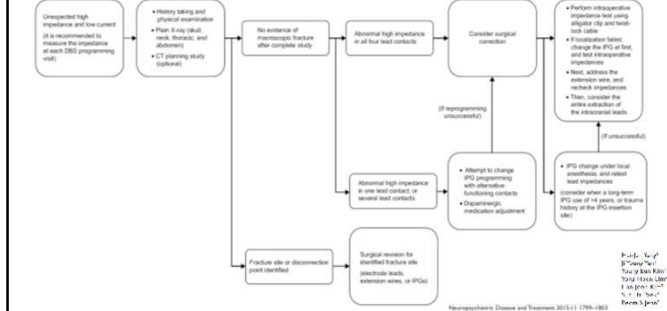
Hardware Problems – leads and connectors

Can be difficult to diagnose the root cause

- imaging: static or dynamic
 - X-Ray may reveal break or disconnection
- diagnostic testing of IPG (impedance testing)
 - open circuit: high impedances
 - short circuit: lower impedances, rapid drain of IPG

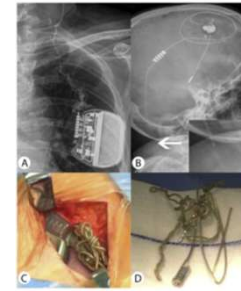
Fernandez et al. *Parkinson's Disease*, Volume 2010; Carr et al. *Parkinson's Disease*, Volume 2

Hardware Problems – leads and connectors



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Hardware Problems – Twiddler Syndrome



Twiddler syndrome in a patient with severe Bipolar Depression. A: A new lump and hardware visible.

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Scarring, Tethering and “Bowstringing”

- “I feel that the cables along my neck are pulling” or “the cables along my neck feel too short”
- Not an infrequent complaint



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Scarring, Tethering and “Bowstringing”

- “I feel that the cables along my neck are pulling” or “the cables along my neck feel too short”
- Not an infrequent complaint



Fig. 3. Patient 1, who underwent bilateral DBS for dystonia with dual left-sided extension wires, presented with wire tethering. a: Prior to the first revision surgery the pronounced “bowstringing” and tightness of the dual extension wires is evident. b: Post-operatively releasing the wires from the IPG site was effective in relieving the tethering. c: After re-positioning of the dual extension wires to the contralateral side and, in addition, transecting the scar in 4 places along the longitudinal cord, the tethering was completely relieved.

Wire Tethering or “Bowstringing” as a Long-Term Hardware-Related Complication of Deep Brain Stimulation

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Scarring, Tethering and “Bowstringing”

- Rarely is the pulling related to the cables – these are long and redundant
- Scarring builds up along the tract, which can cause discomfort and “Bowstringing”
- Revision is possible, but does not always help

Table 2. Incidence of wire tethering after DBS surgery by type of surgery and diagnosis

Diagnosis	Dual unilateral extension wires		Bilateral extension wires		Unilateral extension wires	
	# tethered/total patients	%	# tethered/total patients	%	# tethered/total patients	%
PD	1/34	2.9	0/62	0	1/67	1.5
Dystonia	2/18	11.1	0/6	0	0/7	0
Tremor	0/19	0	0/11	0	0/26	0
Epilepsy	1/11	7.7	0	0	0	0
Other ^a	0/13 ^b	0	0	0	0	0
Total	4/99 patients	4.0	0/79 patients	0	1/100 patients	1.0
	4/100 sides ^c		0/158 sides		1/100 sides	

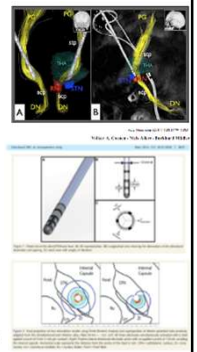
^a Includes patients with monopolar depressive disorder or Tourette syndrome.

^b One patient had a DBS lead attached to 3 sites of dual extension wires and 2 dual-channel IPGs, which is reflected in the figure for the total number of sides.

Wire Tethering or “Bowstringing” as a Long-Term Hardware-Related Complication of Deep Brain Stimulation

Current and Future Developments that may mitigate complications

- Novel imaging techniques (DTI)
- More efficient work flows that decreases electrode placement time
- Low profile devices
- Antibiotic cages
- Directional electrodes
- Closed loop stimulation paradigms



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Conclusions

- Meticulous planning and operative technique mitigate perioperative and late complications
- Diagnosis and management of surgical complications should be efficient, team based and definitive
- DBS teams should continuously review local processes to improve efficiency and accuracy of their DBS team – an active not a reactive process

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teamKalia Lab Members Past and Present
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Collaborators
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